



STAND UP PADDLE INSTRUCTOR (BEGINNER SURF) LEVEL 3

Aim:

Plan, conduct and assess an instructional stand up paddle surfing session in surf up to 1½ ft (½ metre).

Career Outcomes:

- Stand Up Paddle Instructor within the surf, SUP and outdoor recreation industry.
- Industry job roles that require SUP knowledge (e.g. sales rep, retail).

Topics covered:

- Identify communication skills in the surf environment
- Identify and manage SUP surf risks/hazards
- Identify emergency processes and response
- Develop a lesson plan for SUP beginner surf locations
- Identify suitable SUP surf equipment
- Demonstrate beginner SUP Surf instruction techniques
- Implement minimal environmental impact strategies



Qualification issued:

- ✓ ASI Stand Up Paddle Instructor (Beginner Surf) Level 3 Certificate

Pre-requisites:

- Minimum SUP (intermediate surf) skill and knowledge i.e. negotiate 3ft surf, perform bottom turn & cutback on forehand & backhand).
- ASI Level 2 Stand Up Paddle Instructor (Exposed Waters) certificate.

What we provide:

- Level 3 SUP Instructor Training Manual
- Assessment & Competency Record Book
- Minimum of 12 months membership

Other requirements:

Hold current surf rescue & senior first aid certificates.

These certificates can be provided within 12 months of completing the course and we will then issue your qualification.

Duration:

Workshop course
1 day. 9am to 4pm



Setting the world standard in surfing education

Academy of Surfing Instructors (ASI UK) Co.No.0722579

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Workshop Course Information

What you will need to do:

1. At workshop:

- ✓ complete written assessments
- ✓ demonstrate practical SUP skill e.g. negotiate 3ft surf at a beach break and paddle safely and correctly, perform bottom turn (forehand & backhand), perform cutback (forehand & backhand), link manoeuvres, demonstrate correct safety, wipe-out and SUP etiquette.
- ✓ demonstrate lesson delivery

2. Provide a copy of your current certificate/s for:

- ✓ Surf Rescue and first aid certificates
Senior first aid (e.g. Red Cross)
Surf rescue (e.g. Surf Lifesaving Bronze, APOLA)
Or
Combined surf rescue & aid (e.g. Surf Life Saving GB Surf Coach Lifesaver Award)

3. Practical experience:

- ✓ obtain a letter from: (1) an approved SUP school stating you have assisted in delivering at least 25 hours of SUP instruction to beginner SUP clients at surf locations, or (2) an ASI SUP Trainer stating you have the required competency

Bring to the workshop:

Surf clothing and SUP board for demonstrating skill in the water

Renewal - ASI Certificate & Membership

Valid for 12 months. Renewal is due 30 June each year (however your initial qualification will be issued for a minimum of 12 months and renewal is due the next 30 June after the initial 12 months).

- complete ASI renewal form
- provide a letter from an approved SUP school owner or ASI SUP Trainer stating you have delivered 25 hours SUP instruction in the past year.
- provide current copies of water rescue & senior first aid certificates.
- pay combined renewal and membership fee: £55



Bonus: only one renewal fee for multiple ASI instructor qualifications. (e.g. surfing, stand up paddle, bodyboarding).



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